

# Protection from domestic abuse

Help and information  
for   
Solon residents



Call Solon  
0117 924 4071

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Solon provides advice and help for residents who are suffering domestic abuse or threats of domestic abuse from a partner, ex-partner or other member of the household.

## What is domestic abuse?

Domestic abuse is the misuse of **physical, emotional, sexual or financial control** by one person over another who is, or has been, in a relationship within the home or family. Abuse may be **threatened** or it may **actually happen**.

## Anyone can be a victim

Although abuse is more commonly carried out by men against female partners, it can also occur by women against men, within same-sex relationships or by other family members. Abuse happens regardless of race, sexuality, disability, age, religion, culture, class or mental health.

## Abuse can happen at any time

It can happen in new relationships or after many years spent together.

## Support for you

Domestic abuse is **unacceptable** no matter what the circumstances. Solon South West Housing Association will do **everything possible** to help a resident who is the victim of abuse.

The first thing to remember is that it is not your fault. No one deserves to be assaulted, abused or humiliated.

If you need a large print version of this leaflet please ring 0117 916 7768



## How to get help

All you need to do is to tell us what is happening. We recognise that this may not be easy to do and we will offer you the support required to get the help you need. There are also agencies who can provide you with information and support – see the list of organisations printed here.

## Who to contact at Solon

Please contact your **Housing Officer** or the **Tenancy Support Officer** on **0117 924 4071** or write to them at:

Solon South West Housing Association  
1 Newfoundland Court  
St Paul Street  
Bristol BS2 8AN

## What Solon will do

We will be sensitive and sympathetic to your situation and we will offer you an interview with an officer of the same sex. What you tell us will remain **confidential** unless you give us permission to discuss your case with a third party – for example a solicitor or the Police. We will also put you in touch with local agencies who help victims of domestic abuse.

## Protection in your home

If appropriate we will provide additional **security** and/or repairs to your home. If you agree, we can **take action** to evict the person responsible for violence against you. We will even explore options for a transfer to another property.

## Other sources of help and information

National Domestic Violence Helpline	0808 2000 247 (24 hours)
Women's Aid	<a href="http://www.womensaid.org.uk">www.womensaid.org.uk</a> <a href="mailto:helpline@womensaid.org.uk">helpline@womensaid.org.uk</a>
Refuge	<a href="http://www.refuge.org.uk">www.refuge.org.uk</a>
Survive South Glos & Bristol	0117 961 2999 <a href="http://www.survivedv.org.uk">www.survivedv.org.uk</a>
Bristol Domestic Abuse Helpline	0800 6949 999 (24 hours)
Next Link <a href="#">Safe housing and/or support services for women</a>	0117 925 0680 <a href="http://www.nextlinkhousing.co.uk">www.nextlinkhousing.co.uk</a>
Womankind <a href="#">For women in emotional distress</a>	0845 458 2914 <a href="http://www.womankind.org.uk">www.womankind.org.uk</a>
MALE Advice line <a href="#">Help for men experiencing domestic abuse</a>	0808 801 0327 <a href="http://www.mensadviceline.org.uk">www.mensadviceline.org.uk</a>
Mankind <a href="#">For male victims of domestic abuse and family members</a>	01823 334 244 <a href="http://www.mankind.org.uk">www.mankind.org.uk</a>
Broken Rainbow <a href="#">Help for lesbian, gay, bisexual and transgender people experiencing domestic abuse</a>	08452 60 44 60 <a href="http://www.broken-rainbow.org.uk">www.broken-rainbow.org.uk</a>
Legal Advice Line	0117 904 5999 (24 hours)
Local Police station	0845 456 7000
Citizen's Advice Bureau	0870 121 2134
Victim Support <a href="#">For victims of crime</a>	0117 963 1114

For the latest information on all local services you can contact the **Bristol Domestic Abuse Forum** at [www.bdaf.org.uk](http://www.bdaf.org.uk) or call 0117 914 2232.

## Translations

If English is not your first language  
and you need a translation,  
we can get one for you.

### ALBANIAN

Nese anglishtja nuk eshte gjuha juaj amtore dhe kemi nevojë për një përkthim, ne mund t'ju sigurojmë atë.

### BENGALI

ইংরেজী আপনার মাতৃভাষা না হলে এবং আপনার কোন অনুবাদের প্রয়োজন হলে আমরা তা প্রদান করতে সক্ষম।

### CHINESE

如果英文不是您的第一語言，而您需要翻譯的話，我們可以為您安排。

### GUJARATI

જો તમારું પ્રથમ ભાષા અંગ્રેજી ન હોય અને તમને આવાંતરણની જરૂર હોય તો અમે તમને તે આપી શકીએ છીએ

### HINDI

चदि अंग्रेजी आप की पहली भाषा नहीं है और आप को अनुवाद की आवश्यकता है तो यह हम आपको प्रदान कर सकते हैं

### KURDISH

Hake Ingîzî zimanê we yê yekem nîne û pêwîstiya we bi wergerê hêye. em dêkarin yekî ji we re bibînin

### POLISH

Jeżeli język angielski nie jest Twoim językiem ojczystym i wymagasz tłumaczenia, możemy to zapewnić

### PORTUGUESE

Se o Inglês não é a sua língua materna e precisa de uma tradução, nós podemos obtê-la.

### PUNJABI

ਜੇਕਰ ਅੰਗਰੇਜ਼ੀ ਭਾਸ਼ਾ ਤੁਹਾਡੀ ਪਹਿਲੀ ਭਾਸ਼ਾ ਨਹੀਂ ਅਤੇ ਤੁਹਾਨੂੰ ਦੁਆਰਾ ਸੇਵਾ ਦੇ ਸਹੂਲਤ ਹੈ ਤਾਂ ਤੁਹਾਡੇ ਲਈ ਅਸੀਂ ਇਸਦਾ ਪ੍ਰਬੰਧ ਕਰ ਸਕਦੇ ਹਾਂ।

### SOMALI

Haddii Ingiriiska aynu ahayn afkaga kowaad oo aad u baahan tahay furjumad, aasagaas kaa samayn kano.

### URDU

اگر انگریزی آپ کی پہلی زبان نہیں ہے اور آپ کو ترجمہ کی ضرورت ہے تو ہم آپ کے لیے ترجمہ کر سکتے ہیں۔

### VIETNAMESE

Nếu quý vị không thạo Anh văn và cần bản dịch, chúng tôi sẽ giúp quý vị một bản.



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1 Newfoundland Court  
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INVESTOR IN PEOPLE



[www.solonswha.co.uk](http://www.solonswha.co.uk)